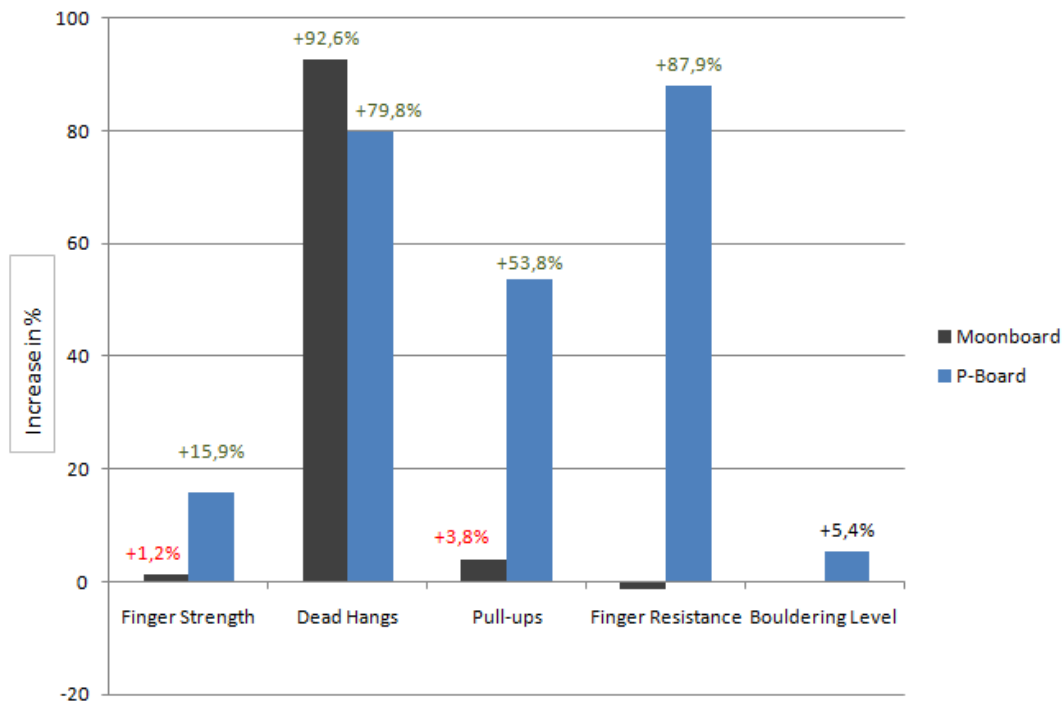


Moonboard vs. P-Board

Pre-Test results after a 4-week-duration [3 training sessions per week]



VS.



Test	Moonboard	P-Board
Finger Strength	☹️	☺️
Dead Hangs	☺️	☺️
Pull-up	☹️	☺️
Resistance	☹️	☺️
Bouldering Level	N/A	☺️